



## What comes after CanSkate?

Once your child has progressed through CanSkate, they can move into StarSkate which offers opportunities for skaters of all ages to develop fundamental figure skating skills in the areas of dance, skills, freeskate and interpretive skating.

Unique in Canada, this program teaches figure skating skills in a progressive and sequential manner and offers specifically designed awards and incentives. Skaters have the opportunity to take Skate Canada Tests through a nationally standardized testing system. Skaters also have the opportunity to participate in competitions.

## How do I get my child started in Starskate?

You might consider starting your child out with Group StarSkate. This program offers instruction in the StarSkate program but in a format that they are already familiar with from the CanSkate program. They will work with a dedicated coach and will start to work towards independent practice.

Skaters who are in the StarSkate program should begin looking for their own professional coach. Refer to the Professional Coaches page in the club handbook for a list of coaches who provide instruction with our club.

Even if you have already selected a private coach, you can still consider the Group StarSkate session. Your child can get comfortable with the format of the StarSkate program and they can still receive their private lesson from their own coach.

If you have any questions, please stop by the CanSkate table to learn more about the StarSkate program.